
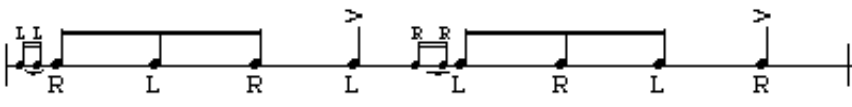



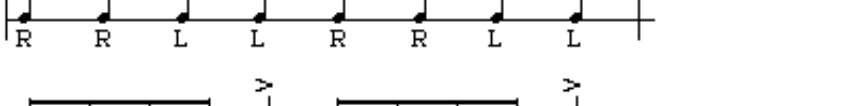
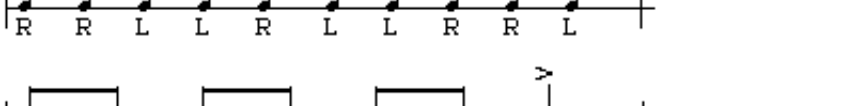
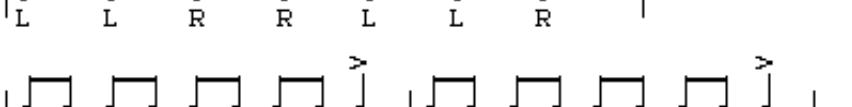
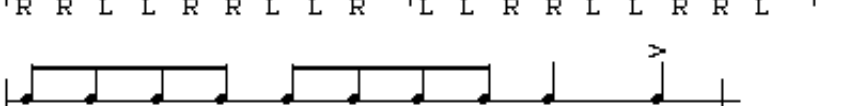
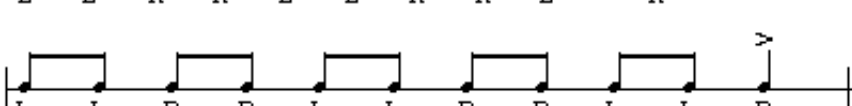
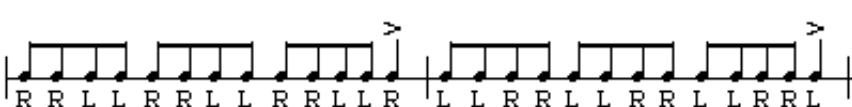
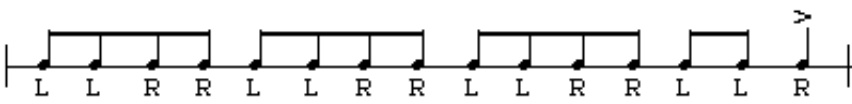



26 Essential Rudiments

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Rudiment	NARD Counter #		
Single Paradiddle	21	09:08	
Double Paradiddle	11	11:26	
Flam	4	13:15	
Flam Tap	20	15:40	
Flam Paradiddle	6	17:15	
Flam Paradiddle Diddle	24	19:05	
Flamacue	7	20:56	
Flam Accent	8	22:42	
Ruff	5	24:35	
Single Drag	9	27:22	
Double Drag	10	29:00	
Lesson 25	25	30:47	
Drag Paradiddle No.1	22	32:18	

Drag Paradiddle No.2	23	33:39	
Single Ratamacue	12	35:10	
Double Ratamacue	13	37:00	
Triple Ratamacue	26	38:34	
Single Stroke Roll	14	40:20	
Long Roll	1	41:40	
5 Stroke Roll	2	44:15	
7 Stroke Roll	3	46:39	
9 Stroke Roll	15	48:43	
10 Stroke Roll	16	51:09	
11 Stroke Roll	17	53:15	
13 Stroke Roll	18	55:05	
15 Stroke Roll	19	57:29	

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